

SELBY
URBAN DISTRICT COUNCIL

ANNUAL REPORT
OF THE
MEDICAL OFFICER
OF HEALTH
AND
PUBLIC HEALTH INSPECTOR

1970

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SELBY URBAN DISTRICT COUNCIL

Chairman: Councillor L. Backhouse.

Vice-Chairman: Councillor J. Foster, J.P.

HEALTH, HOUSING AND PROPERTY MANAGEMENT
COMMITTEE

Chairman: Councillor L. Backhouse.

Vice-Chairman: Councillor Mrs. G. F. Whiteley.

Medical Officer of Health:

MURIEL J. LOWE,
M.B., B.S., M.R.C.S., L.R.C.P., D.P.H., D.C.H.

Deputy Medical Officer of Health:

EILEEN M. R. BELL-SYER,
M.B., B.S.

Public Health Inspector:

NORMAN BUCKLE
D.P.A., M.R.S.H., M.A.P.H.I.

Pupil Public Health Inspector:

JOHN T. DYSON—Appointed, 1st September, 1970.

Clerk: Miss MARGARET JACKSON

**To the Chairman and Members
of the Selby Urban District Council**

LADIES AND GENTLEMEN,

I have the honour to present to you my second Annual Report on the health of the Urban District, and the work of the Public Health Department for the year 1970.

VITAL STATISTICS

173 Live Births were registered, a decrease of 20, giving a Birth Rate of 15.3 per thousand population (Adjusted Birth Rate 16.0). The County Aggregate Rate for the Urban Districts was 17.2 and for England and Wales 16.0.

One still birth occurred giving a very low rate of 5.7, in fact the lowest ever recorded for Selby. The next lowest Still birth Rate of 6.3 was in 1961 when also only one was recorded but the total births were 159 as compared with 174 in 1970. The Perinatal Mortality Rate of 11.5 (Stillbirths plus deaths in the first week of life per 1,000 total births) was also the lowest ever recorded. One death occurred in the first week of life and this was due to Respiratory Distress Syndrome and prematurity. Two infants died in the first year of life, the second one also being due to prematurity, and giving a low Infantile Mortality Rate — Another record. Annual figures fluctuate so we cannot put too much weight on this figure, especially as 1969 gave a high Rate of 36.3, which I may remind you, was the highest for nine years. However, the Mean Rates for decennial periods show a steady decline which is a very satisfactory state of affairs. The county aggregate in Urban Districts was 19.5 and the National Rate was 18.2.

No maternal deaths occurred for the 16th year in succession, and I would hope that this will continue to be the pattern in the years to come, as it is a good indication of the standard of ante-natal and obstetric care.

The greatest cause of death in the District was cerebrovascular disease, there being 33 deaths, but ischaemic heart disease comes a very close second with 24 deaths. These are the greatest killers of all but there were also 6 deaths from lung cancer, all in males. Cigarette smoking must be held responsible for many of these untimely deaths and young people would do well to think hard before starting the misguided habit. Older people might well show their maturity and their insight by giving up such a dangerous and unnecessary practice which has been proved, without doubt, to be

a contributory cause of disease of the coronary arteries, which is one of the leading causes of death in developed countries. I quote from "Smoking and Health," a World Health Organisation Resolution :— "It may be estimated that the death rate from this disease would be reduced considerably in the absence of cigarette smoking, particularly in middle-aged men." On smoking and other diseases of the circulation the publication goes on :— "Smoking does not increase the incidence of arterial hypertension (high blood pressure) but there is evidence that cigarette smoking encourages the formation of generalised atherosclerosis (hardening of the arteries). This may cause disabling or fatal consequences by impairing the arterial blood supply to the legs or brain".

With regard to lung cancer this same W.H.O. publication states :— "Lung cancer is uncommon among non-smokers. The evidence that cigarette smoking greatly increases the incidence of lung cancer is now irrefutable. It can therefore be forecast that if cigarette smoking were to stop or if cigarettes free from the risk of cancer were to be produced, the world-wide epidemic of a disease that at present kills hundreds of thousands of smokers every year would be arrested and begin to recede. SMOKERS TAKE HEED !!!

Births exceeded deaths by 39.

INFECTIOUS DISEASES

112 cases of infectious disease were notified during the year of which 100 were due to Measles, 8 to Scarlet Fever, 2 cases of Pulmonary tuberculosis and one case each of Food Poisoning and malaria.

Measles Vaccination which is offered as a routine to all children, needs to be taken up more readily if we are to eradicate this disease. This Division No. 10 has a high rate of immunisation against Whooping Cough, Diphtheria, Tetanus and Poliomyelitis, one of the highest in the County, and the measles vaccination, too, is one of the top figures of nearly 70%. These good figures are due to the computer and the excellent participation of the staff, both professional and clerical, but measles vaccination is not high enough to prevent an epidemic of the disease such as we have encountered in 1970. I should like to see the acceptance figures top the 90% mark.

CERVICAL CYTOLOGY

During 1970, 263 women had the cancer smear at Selby clinic of which 40 attended for the first time. One smear taken was thought to be suspicious of malignancy; this case and three cases of swellings in the breast were referred to the General Practitioners for further investigation.

There were four deaths from cancer of the breast in Selby Urban District during the year, and it is regrettable that none of these women had attended the cytology clinic where a breast examination is always carried out. I would like to urge all those women of any age (especially those over 35) who have not so far availed themselves of this important preventive service to do so without delay.

FAMILY PLANNING

The W.R.C.C. continues to use the Family Planning Association as its agents in this field. The clinics are held weekly from 6.30 p.m. every Thursday evening in the County Clinic, Raincliffe Street, and a woman doctor is in charge.

Consultations are free under the West Riding Scheme and only supplies of contraceptives are charged to the patients. In cases where there are health and/or social grounds and where the limitation of families is important to the health and well being of the family group, supplies also are free.

For a happy and harmonious family life I would recommend all married couples, whatever their convictions and religious persuasions, to seek advice on the right method of family limitation or planning for their particular needs.

HEALTH EDUCATION

My Health Visitors have, during the year, carried out a broad programme of Health Education in the schools. Films have been shown on many subjects including, as part of a general scheme, the important ones as far as the youth of today are concerned, Smoking, Drugs and Venereal disease. We have also been fortunate in having occasional visits from the Principal Schools Medical Officer and Health Education Nursing Officer, from County Hall, to give talks and answer queries on these subjects at the Senior Schools.

A TIME OF RE-ORGANISATION

1970 was a year when broad changes were mooted in the Health Services. Two Acts affecting the Local Authority Health Service reached the Statute Book during the year. These were The Local Authority Social Services Act, 1970 and The Education (Handicapped Pupils) Act, 1970. Both these Acts which came into operation on the 1st April, 1971, have meant loss of certain functions and staff to the newly formed Social Services Department, on the one hand, and the Education Department on the other.

The future is full of change. Local Government is to be reformed within new boundaries which have still to be finally accepted. The new Social Services Department will have had just three years in office before being recast in the light of these Local Government reforms. The National Health Service is to be completely re-structured. All of these changes are taking place over one short period of time and there is a great deal of re-training to be undertaken in the meantime. But we must look forward with hope towards a future unified Health Service in which preventive medicine will play an even more important rôle.

In conclusion, I wish to record my sincere thanks to my Deputy M.O.H., Dr. Eileen Bell-Syer, for her loyal assistance and advice during my first year of office ; for the support of the members and other officers of the council ; for the loyal and very helpful services of the Public Health and Divisional Health staffs, and for the assistance given by voluntary workers at the clinic.

I remain,

Your obedient servant,

MURIEL J. LOWE,

Medical Officer of Health.

August, 1971.

GENERAL STATISTICS, 1970

Area of Urban District	3,883 acres
Population (mid 1970)	11,280
Number of Houses	4,061
Rateable Value	£411,556 (Apr. 1971)
Product of Penny Rate (estimated)			£3,943 (Apr. 1971)

VITAL STATISTICS

	SELBY U.D.	Aggre- gate West Riding U.D.s	West Riding Admin. County	England and Wales (Provi- sional)
BIRTH RATE (per 1,000 population)	15.3	17.2	17.3	16.0
CRUDE DEATH RATES (per 1,000 population)				
All causes	11.9	12.5	11.7	11.7
Infective and Parasitic Diseases	0.08	Ø	Ø	Ø
Respiratory Tuberculosis	0	0.02	0.02	0.02
Other forms of Tuberculosis	0	0.01	0.01	0.01
Respiratory Diseases (excluding Tuberculosis)	1.60	1.82	1.69	Ø
Malignant Neoplasms	1.86	2.29	1.69	2.39
Heart and Circulatory Diseases	3.37	4.76	4.44	Ø
Vascular Lesions of Nervous System	2.93	1.89	1.75	Ø
INFANT MORTALITY (Deaths under one year per 1,000 live births)	11.6	19.5	19.8	18.2
STILLBIRTHS	5.7	13.3	13.6	13.0
PERINATAL MORTALITY	11.5	24.1	24.4	23.5
MATERNAL MORTALITY (Deaths of mothers in childbirth per 1,000 total births)	0	0.36	0.29	0.18

Comparability Factors:

For Births, 1.04.	Adjusted Birth Rate, 16.0.
For Deaths, 0.91.	Adjusted Death Rate, 10.8.

Ø Figures not available

**BIRTH AND DEATH RATES, 1970
AND MEAN RATES FOR DECENTNIAL PERIODS**

BIRTH RATE = 15.3

(per 1,000 population)

1901-1910	27.2	1941-1950	17.8
1911-1920	23.0	1951-1960	15.1
1921-1930	19.7	1961-1970	18.05
1931-1940	15.5			

STILLBIRTHS = 5.7

(per 1,000 total births)

1901-1910	—	1941-1950	37.5
1911-1920	—	1951-1960	34.1
1921-1930	38.6	1961-1970	14.6
1931-1940	28.0			

ILLEGITIMATE BIRTHS = 51.7

(per 1,000 total births)

1901-1910	—	1941-1950	56.9
1911-1920	48.4	1951-1960	27.0
1921-1930	46.5	1961-1970	46.8
1931-1940	38.4			

INFANTILE MORTALITY = 11.6

(per 1,000 live births)

1901-1910	127.7	1941-1950	54.0
1911-1920	97.4	1951-1960	32.1
1921-1930	62.9	1961-1970	19.95
1931-1940	49.1			

NEONATAL MORTALITY = 11.6

(Deaths in first month per 1,000 live births)

1901-1910	28.8	1941-1950	31.1
1911-1920	38.1	1951-1960	23.8
1921-1930	33.4	1961-1970	14.7
1931-1940	26.2			

PERINATAL MORTALITY = 11.5

(Stillbirths and first week deaths per 1,000 total births)

1921-1930	61.1	1951-1960	54.8
1931-1940	65.4	1961-1970	27.0
1941-1950	58.8			

TOTAL DEATH RATE = 11.9

(per 1,000 population)

1901-1910	13.7	1941-1950	13.0
1911-1920	13.0	1951-1960	12.9
1921-1930	11.8	1961-1970	12.7
1931-1940	11.7			

DISEASES OF HEART AND CIRCULATION = 3.37

1901-1910	1.01	1941-1950	2.73
1911-1920	1.29	1951-1960	4.72
1921-1930	1.53	1961-1970	4.92
1931-1940	2.41				

VASCULAR DISEASES OF CENTRAL NERVOUS SYSTEM = 2.93

1901-1910	—	1941-1950	1.50
1911-1920	—	1951-1960	1.75
1921-1930	1.24	1961-1970	2.00
1931-1940	1.03				

MALIGNANT NEOPLASMS = 1.86

1901-1910	0.91	1941-1950	2.04
1911-1920	1.16	1951-1960	2.17
1921-1930	1.62	1961-1970	2.13
1931-1940	1.73				

RESPIRATORY DISEASES = 1.60

1901-1910	1.72	1941-1950	1.8
1911-1920	1.90	1951-1960	1.65
1921-1930	2.56	1961-1970	1.52
1931-1940	1.57				

INFECTIVE AND PARASITIC DISEASES = 0.08

1901-1910	1.53	1941-1950	0.06
1911-1920	0.68	1951-1960	0.04
1921-1930	0.43	1961-1970	0.03
1931-1940	0.24				

RESPIRATORY TUBERCULOSIS = 0

1901-1910	0.94	1941-1950	0.32
1911-1920	0.92	1951-1960	0.06
1921-1930	0.72	1961-1970	0.02
1931-1940	0.59				

NON-RESPIRATORY TUBERCULOSIS = 0

1901-1910	0.36	1941-1950	0.08
1911-1920	0.44	1951-1960	0.03
1921-1930	0.17	1961-1970	0.02
1931-1940	0.16				

MATERNAL MORTALITY = 0

(per 1,000 total births)

1901-1910	5.08	1941-1950	1.59
1911-1920	5.02	1951-1960	0.69
1921-1930	3.11	1961-1970	0.00
1931-1940	3.69				

BIRTHS, 1970

				Male	Female	Total
Live Births.—Legitimate	86	78	164
Illegitimate	4	5	9
				—	—	—
			Total	90	83	173
Stillbirths	1	0	1
Premature Births.—Babies weighing $5\frac{1}{2}$ lbs. or less at birth.						
				Live	Still	Total
Born at home	0	0	0
Born in hospital	8	1	9
				—	—	9

CAUSES OF DEATH, 1970

				Male	Female	Total
Other infective and parasitic diseases	1	—	1
Malignant Neoplasm, Intestine	3	1	4
Malignant Neoplasm, Lung, Bronchus	6	—	6
Malignant Neoplasm, Breast	—	4	4
Malignant Neoplasm, Prostate	2	—	2
Other malignant neoplasms	3	2	5
Benign and unspecified neoplasms	1	—	1
Mental Disorders	—	2	2
Multiple Sclerosis	—	1	1
Other diseases of nervous system	—	1	1
Chronic rheumatic heart disorder	—	1	1
Ischaemic heart disease	17	7	24
Other forms of heart disease	2	2	4
Cerebrovascular disease	21	12	33
Other diseases of circulatory system	4	5	9
Influenza	1	3	4
Pneumonia	3	4	7

			Male	Female	Total
Bronchitis and emphysema	3	3	6
Other diseases of respiratory system	..	1	—	—	1
Peptic ulcer	1	—	1
Intestinal obstruction and hernia	..	2	—	—	2
Other diseases, Genito-Urinary system	..	—	1	—	1
Diseases of Musculo-Skeletal system	..	1	—	—	1
Birth injury, difficult labour, etc.	..	1	—	—	1
Other causes of perinatal mortality	..	—	1	—	1
Symptoms and ill defined conditions	..	2	1	—	3
Motor vehicle accidents	..	3	—	—	3
All other accidents	..	1	2	—	3
Suicide and self-inflicted injuries	..	1	1	—	2
<hr/>			—	—	—
TOTAL ALL CAUSES	80	54	134

INFANTILE MORTALITY

Causes of Death in Age Groups

	Under 1 week	1 to 2 Weeks	2 to 3 Weeks	3 to 4 Weeks	1 to 3 Months	3 to 6 Months	6 to 9 Months	9 to 12 Months	TOTAL
Prematurity ..	1	..	1	2
Bronco Pneumonia
Hydrocephalus
Encephalocoele
Congenital heart disease
Down's Syndrome
Congenital anomalies
	1	..	1	2

CASES OF INFECTIOUS DISEASE
notified during the year 1970

Notifiable Disease	Number of Cases Notified							
	At all Ages		According to Age					
	Under 1	1 to 4	5 to 14	15 to 24	25 to 44	45 to 64	Over 65	
Small-pox
Food Poisoning	1	1
Diphtheria
Scarlet Fever	8	..	6	2
Typhoid Fever
Acute Meningitis
Acute Poliomyelitis, paralytic
" " non-paralytic
Acute Encephalitis
Ophthalmia Neonatorum
Pulmonary Tuberculosis	2	1	1
Other forms of Tuberculosis
Measles	100	7	40	52	1
Tetanus
Whooping Cough
Dysentery
Encephalitis Lethargica
Infective Jaundice
Malaria	1	1
Totals	112	7	46	54	1	1	1	2

TUBERCULOSIS
New cases in 1970

		Male	Female	Total
Pulmonary	2	0	0	0
Non-Pulmonary	0	0	0	0
	—	—	—	—
Total	2	0	0	0
Total Cases on Register				
Pulmonary	12	11	23	
Non-Pulmonary	2	2	4	
	—	—	—	—
Total	14	13	27	

National Assistance Acts, 1948-51.

No cases were dealt with under these Acts during 1970.

WEST RIDING COUNTY DIVISIONAL HEALTH SERVICES IN SELBY URBAN DISTRICT- 1970

1. HEALTH VISITING (Division No. 10 as a whole).

	First Visits
Children under 1	765
Children between 1 and 5	2114
Other cases	739
	<hr/>
	Total 3618

2. CHILD WELFARE CLINICS.

Total number of children under 5 years of age who first attended all Clinics during the year:

(i) Born in 1969	412
(ii) Born 1964/68	102

Number of Sessions held:

Selby	50
Total attendance	3894
Average per session	78

3. SCHOOL HEALTH SERVICE.—Divisional figures.

Attendances at Clinics	368
Number attending Speech Therapy	0
Number inspected in School by School M.O.	1768
Number inspected in School by School Nurse	6103
Number of verminous heads	87
Primary tests for Subnormality	22
Re-examinations for Subnormality	10
Reported to M.D. Authority as ineducable	0
Recommended for Special Schools	8
Attending Special Schools	78
Reported for care and guidance	1
Audiometry tests by School Nurse	920
Audiometry tests by School M.O.	70

County Oculist:

Number of cases seen	678
Number of spectacles prescribed	155

The following defects were found at medical inspections:

					Requiring treatment	For ob- servation
Verminous heads	87	—
Skin	31	17
Vision	129	8
Other eye conditions	9	10
Hearing	29	39
Other ear defects	10	21
Nose and throat	17	65
Speech	0	35
Cervical glands	0	34
Heart and circulation	3	11
Lungs	15	5
Developmental	11	7
Orthopaedic	18	20
Nervous System	12	3
Psychological	3	4
Enuresis	29	12
Other conditions	12	6

Paediatric Clinic.

No. of individual patients seen:

Pre-school	53
School	59
Total attendances:							
Pre-school	61
School	107

4. MATERNITY SERVICES.

A Mothercraft and Relaxation Exercise Class for expectant mothers is held weekly and 577 attendances were made.

Confined in Hospital:

Goole	192
Leeds Hospitals	7
York Maternity Home	275
Other Maternity Homes	11
Wakefield	129
							—
						Total	614

County Midwives:

There were 168 domiciliary confinements in the division.

The following summary of the work of the County Midwives is for Division 10 as a whole:—

Number of Midwives	7
Number of cases	168
Gas and air analgesia	0
Trilene analgesia	130

5. HOME NURSING (Division 10 as a whole).

Number of Nurses	7
Number of cases completed	673
Number of visits	16593

6. HOME HELPS.

Home Helps were employed for 79,493 hours attending cases in the Division.

The following cases were attended in Selby U.D.:—

Maternity	2
Chronic Sick (Over 65)	28
Chronic Sick (Under 65)		3
Others	2
			—	
			Total	35

7. IMMUNISATION AND VACCINATION. This has now been placed on the computer and the figures given below are for the Division as a whole for the year 1970.

(a) Total Injections given

Diphtheria, Tetanus and Whooping Cough	955
Diphtheria and Tetanus	556
Measles	945
Polio	1396
Rubella	272
Smallpox Vaccination	673
Tetanus	1646

(b) Primary Doses

Diphtheria	801
Measles	945
Polio	913
Rubella	272
Tetanus	799
Whooping Cough	734
Smallpox Vaccination	661

(c) Reinforcing Doses

Diphtheria	767
Polio	483
Tetanus	847
Whooping Cough	222
Smallpox Re-vaccinations	12

8. B.C.G. VACCINATION OF SCHOOL CHILDREN
(12 years of age).

Number of acceptances in 1970	..	623	
Pre-vaccination Tuberculin Tests :			
Positive (not requiring vaccination) ..	46	(7.38%)	
Negative (requiring vaccination) ..	577	(92.62%)	
Number vaccinated with B.C.G. ..	577		

9. MENTAL HEALTH.

Mental Health Act, 1959.

The number of persons under care and guidance at the end of 1970 was as follows :—

		Male	Female	Total
Psychopathic	1	0
Mentally ill	3	9
Subnormal	12	11
Severely Subnormal	1	2
				3

Admission to Mental Hospitals by the Mental Welfare Officers during 1970 were as follows :—

		Male	Female	Total
Emergency Admissions	..	4	1	5
Admission for Observation	..	0	2	2
Admission for Treatment	..	0	0	0
Informal Admission	..	2	16	18

10. MASS RADIOGRAPHY SURVEY, 1970.

The Unit visits Selby and Goole twice per month, 451 were examined at Goole and 157 at Selby, a further 260 were examined in a Survey at Goole.

CHILD GUIDANCE.

No. of new cases	14
No. of cases discharged	9

PUBLIC HEALTH DIVISION No. 10

The County Districts forming Division No. 10 are:—

Goole Borough (1,267 acres) Selby Urban (3,883 acres)

Goole Rural (38,238 acres) Selby Rural (33,304 acres)

Area of the Division 76,692 acres

Population (Estimated mid-1970) 48,550

(Census 1961) .. 44,533

DIVISIONAL HEALTH OFFICE AND STAFF

6/7 Belgravia, Goole. Telephone Goole 4216 & 2923.

Divisional Medical Officer and Divisional School Medical Officer:

MURIEL J. LOWE, M.B., B.S., M.R.C.S., L.R.C.P., D.P.H., D.C.H.

Senior Clinical Departmental Medical Officer and School Medical Officer:

EILEEN M. R. BELL-SYER, M.B., B.S.

Area Dental Officers:

P. F. A. ELTOME, L.D.S. (Goole). J. R. CLAYTON, B.Ch.D., L.D.S. (Selby).

Divisional Nursing Officer: Miss D. M. E. GOLDTHORPE.

Health Visitors and School Nurses: Mrs. B. BEAL, Miss D. M. BUTLER, Miss L. CHAPMAN (to 1.9.70), Mrs. M. DODSON, Mrs M. D. GARDNER (from 1.7.70), Mrs. I. B. A. LAWRENCE (from 1.10.70), Mrs. A. M. RAWES, Miss A. RIDSDALE, (to 31.12.70), Miss D. M. ROBINSON, Mrs. A. SUTHERLAND (part-time). Assistants: Mrs. F. JARY, Mrs. E. A. ZAPH. Mrs. E. M. HOWARD (part-time).

Home Nursing Sisters: Mrs. H. B. BEAUMONT (to 30.9.70), Mrs. M. CHAPMAN (from 1.7.70), Mrs. W. E. DUFFIN, Mrs. S. E. HERRON, Mrs. E. HIGGINS (from 1.12.70), Mrs. D. L. HUTTON, Mrs. B. ROSS (part-time), Mrs. J. M. SAWDON, Mrs. M. S. TWINEHAM.

Domiciliary Midwives: Mrs. M. M. APPLEBY, Miss I. CAMPBELL, Miss E. CLAYTON, Miss H. ELLIS, Mrs. D. FRANKLIN, Mrs. A. G. HORSFIELD, Miss E. D. LAKING.

Mental Welfare Officers: Mr. T. G. FOSTER, Miss M. J. HURLEY.

Rawcliffe Training Centre (Rawcliffe 387):

Supervisor: Miss C. S. LOGAN. Staff: Mrs. A. ALVEY, Mr. C. BOYALL, Mrs. E. GOODALL, Mrs. A. W. JARVILL, Mrs. R. ROSE, Mr. R. C. HUNT.

Snaith Day Centre:

Instructors: Mr. G. H. PURCHON, Mrs. R. H. KERSHAW.

Welfare Officer: Mr. D. HIRST.

Blind Welfare Officer: Mrs. J. KILNER (Goole 4218).

Divisional Administrative Officer: Mr. R. TOWELL, A.M.R.S.H.

Senior Clerk: Mr. G. N. NOWILL. Staff: Mrs. N. ALMOND, Miss S. L. BRAMHAM, Mrs. M. E. BRYARS (part-time), Mr. J. LAWTON, Miss S. H. MILEHAM, Mrs. J. MILES, Mrs. M. READSHAW (part-time), Mrs. J. E. TAYLOR.

CLINICS (30.6.71)

The following Child Welfare, Maternity, School Health Services and Specialists' Clinics are held in the County Clinic, Raincliffe Street, Selby.

Monday 10-12: Child Guidance Clinic	Dr. E. M. R. Bell-Syer. Miss Phillips, P.S.W.
Monday 2-4: Cytology	Dr. E. M. R. Bell-Syer. Midwives.
Tuesday 9-12: Chiropody	Mrs. Farmery.
Wednesday 9-12: Chiropody	Mrs. Farmery.
Wednesday 2-4: Relaxation and Mothercraft	Midwives.
Friday 10-12: School Clinic	Health Visitors.
Friday 2-4: Child Welfare	Dr. E. M. R. Bell-Syer. Miss A. Ridsdale. Mrs. A. M. Rawes. Mrs. A. Sutherland.

A Training Centre for the training of severely subnormal children and adults is situated at Rawcliffe.

Dr. L. Wittels holds eye-testing session three times a month either at Goole or Selby.

The Children's Specialist has sessions in Goole on the 2nd and 4th Tuesdays of each month, which are available to the children of Selby.

ANNUAL REPORT OF THE PUBLIC HEALTH INSPECTOR

1970

The Chairman and Members of the Selby Urban District Council

Mr. CHAIRMAN, Mrs. GANT and GENTLEMEN,

I again have pleasure in presenting to you my fifth Annual Report on the environmental conditions of the area and details of the work undertaken during the year.

The year 1970 was declared European Conservation Year and inaugurated by a Conference convened by the Council of Europe at Strasbourg in February. There is no doubt that the conditions of the environment continued to assume greater importance as the year progressed and culminated in the new government forming a Department of the Environment under a Secretary of State by combining the Ministries of Housing and Local Government, Transport and Public Building and Works.

Throughout the year publicity by press and television highlighted the dangers of pollution and the public became more aware that unless serious consideration were to be given to these problems and their solution the quality of life would be seriously diminished.

In Selby the work of the Council continued to tackle some of these problems at a more local level. The provision of the second stage of the sewerage scheme was commenced which when completed would ensure that all raw sewage would receive partial treatment before being discharged into the river. For the first time equipment was installed to give a day to day measurement of the amount of pollution in the atmosphere of Selby, and, by the end of the year work was ready to commence on the house-building programme which would enable a further attack to be made on the remaining unfit houses in the Urban District.

WATER SUPPLY

Water continued to be supplied to the whole of the Council's area by the Pontefract, Goole and Selby Water Board and the supply was satisfactory both as to quantity and quality. Three samples of water were submitted for Bacteriological examination and were classified as satisfactory.

At the year end three occupied dwellings were served by standpipes in the rear yard but all three occupants were awaiting re-housing in bungalows. When these persons are re-housed these houses will be closed or demolished.

All the other houses in the town are supplied from the mains to the dwellings.

SEWERAGE AND SEWAGE DISPOSAL

Work began early in the year on the second phase of the Selby Sewerage Scheme. Good progress was maintained throughout the year.

REFUSE COLLECTION AND DISPOSAL

A regular weekly collection of household refuse was maintained by the Surveyor's Department except for a brief period when industrial action by the men resulted in bins not being emptied. Action was taken to issue the public with paper sacks and direct them to the necessary tipping sites.

The Monday markets were also closed during the period of the withdrawal of labour to minimise any possibility of nuisance or danger to health.

Refuse was disposed of by tipping at the Bondgate Tip but this tip was closed at the year-end and future disposal will be carried out at the Gateforth New Lane Tip in the area of the Selby Rural District Council. In order to facilitate removal a new refuse vehicle using the compression principle was purchased by the Council.

The tip was continuously treated throughout the year for eradication of rats and during the warmer weather for flies and no complaints were received about this matter.

SWIMMING BATH

The water of the public covered bath which is continuously filtered and chlorinated was maintained at a high standard of purity. A total of 28 samples were submitted for examination and only three were slightly below standard ; on only one occasion was coliform organisms present. The plate count results showed that 23 were below 10 colonies, 2 below 20 colonies and 3 above 20.

The possibility of improvements to the baths were considered during the course of the year by the Public Amenities Committee and schemes of improvement were being drawn up at the year end. These should include adequate personal pre-cleaning facilities.

COMPLAINTS

One of the main subjects of complaint during 1970 was of dust and noise nuisances arising from the erection and operation of a concrete batching plant in Flaxley Road, Selby, on a site previously used for the construction of small concrete items by hand.

This plant was kept under regular observation throughout the year and the operators requested many times verbally and in writing to take steps to reduce the degree of nuisance.

In September, 1970, the Council served a noise abatement notice on the occupiers and as a result steps were taken to reduce the intensity of noise by the provision of acoustic screens, improved silencers to vehicles and other methods. A local public enquiry was to be held early in 1971 into the erection of this plant by an Inspector of the Department of the Environment.

A total of 45 other complaints were investigated and the necessary action taken. No other noise nuisance complaints were received. New complaints in 1970 referred to infestations of feral pigeons in derelict property in Market Lane, overflowing drains, smoke nuisances and minor housing defects.

PUBLIC CONVENIENCES

These are provided by the Council in Park Street, Scott Road, Water Lane and Shipyard Road. The servicing by specialist cleaning contractors continued during the year and no complaints were received.

SPECIAL PREMISES

One licence is in operation under the provisions of the Diseases of Animals (Waste Foods) Order, 1957, for the licence to boil waste food collected from cafes, etc. before feeding to pigs. This has been visited at regular intervals.

A total of 11 Certificates were issued for the export of rags overseas.

The Council acquired during the year property in New Lane and Market Lane and agreed that the derelict buildings should be demolished and additional car parking space provided. The Council continued to acquire land and buildings in Church Lane for demolition and re-development.

FOOD INSPECTION AND FOOD HYGIENE

MEAT AND FOOD INSPECTION

A private slaughterhouse at Millgate was re-licensed for a further year. The number of animals slaughtered during the year was only 8 pigs and 1 sheep. Meat in Selby is obtained from abattoirs outside the town.

Food inspection continued to be carried out at wholesale warehouses, shops, cafes, canteens and supermarkets.

The following foods were found to be unfit and destroyed:—

			(Weight)	Tons.	Cwts.	lbs.
Meat at wholesale premises		14	106	
Meat at retail premises			100	
Canned Meats	1	87	
Other canned foods	4	80	
Frozen foods due to cabinet breakdown	..			2	23	
Other foods	1	12	
Total		1	5	72

The amount of imported food inspected in Selby in containers which had not been examined at the port of entry into the country continued to increase. In addition to inspecting containers of bacon imported from Denmark a considerable number of containers of canned foods were examined both from the point of the quality and fitness of the food and also the condition of the containers particularly in view of the possibility of importing pests.

FOOD COMPLAINTS

Six complaints of unsatisfactory food were investigated. These referred to:—

1. Minced Beef Loaf contaminated by can. Informal action by Health Department resulted in withdrawal of stocks.
2. Junior Orange Pudding. Referred to manufacturer for investigation of mould growth.
3. Iced Lollipops Referred to manufacturer for investigation of unsatisfactory flavour.
4. Canned ham tainted by ammonia Referred to Health Committee—warning letter to importers.
5. Canned tomatoes containing beetles Referred to Health Committee—warning letter sent to importers.
6. Whole Almonds said to be infested. Complaint not confirmed.

No prosecutions were instituted during 1970.

FOOD HYGIENE

The total number of premises in the district where food is prepared or sold was 162.

The following table shows the number and type of premises:—

Retail Butchers	18
Bacon and Ham Wholesale	3
Wholesale Meat Products	1
Bakehouses	7
Bread Sales	4
Hotels, Cafes, etc.	12
Fried Fish Shops	11
Wet Fish Shops	1
Food Supermarkets	5
Grocers	28
Fruit and Vegetable	11
Fruit and Vegetable Wholesale	1
Licensed Houses	26
Licensed Clubs	6
Sweets and Tobacco	19
School Canteens	4
Factory Canteens	5
							—
							162
							—

The total number of inspections of food premises during the year was 168. The number of food shops which were improved or modernised continued to increase and the general conditions and maintainance were satisfactory.

The markets were visited weekly and all the stalls selling food comply with the provisions of the Food Hygiene (Market Stalls and Delivery Vehicles) Regulations, 1966. Late night visits were paid to "hot-dog" stalls and other itinerant vendors.

No ice-cream is manufactured in Selby but 41 shops are registered to sell ice-cream. In addition 9 premises are registered for the manufacture of sausages and preserved meat products. Four samples of ice-cream were examined and found satisfactory.

I record my thanks for the help and assistance given by the Director and his staff at the Wakefield Public Health Laboratory in the examination of specimens. I would also thank the County Analyst, Mr. Mallinder, for his reports and advice on samples submitted to him.

Milk sold in Selby is by Northern Dairies and Leeds Industrial Co-operative Society Ltd. Six samples were examined by the County Sampling Officer and found to be satisfactory.

There are no poultry processing premises within the district.

In September a course in Hygienic Food Handling was held in conjunction with the local branch of the St. John Ambulance Association. The course was held on four consecutive Wednesday afternoons and attended by about twenty representatives of local shops and food preparation premises. Eleven students obtained the Certificate of the Association on completion. I would express my appreciation to the St. John Ambulance organisation, the Medical Officer of Health, Dr. M. J. Lowe, for examining the students and the firms involved for permitting their staff to attend and make the course a success.

New Food Hygiene Regulations were issued towards the end of the year to come into operation in 1971.

HOUSING

THE HOUSING ACT, 1957 — UNFIT HOUSES

Progress continued to be made in dealing with the unfit houses and a further 10 were reported to the Housing Committee by the Public Health Inspector. These were:—

24-26 Market Lane, Selby	Closing Orders
31 Millgate	Closing Order
Nags Head Yard, Gowthorpe	Closing Order
63 Gowthorpe, Selby	Undertaking not to re-let
21 Audus Street, Selby	Closing Order
6-7 Prestons Yard, Selby	Undertaking not to re-let
66 Ousegate, Selby	Closing Order
104 Ousegate, Selby	Closing Order

Only two families had been re-housed by the end of the year and one family from an earlier year but it is hoped that the rate of progress will be increased with the building of 45 dwellings at the Cockreth Lane Site in 1971.

In accordance with the Ministry of Housing and Local Government Circular 92/69, the Committee considered a report on slum clearance proposals and accepted a programme for the clearance of a further 14 houses in 1971, 28 houses in 1972 and 26 houses in 1973 making a total of 71 dwellings.

In addition a further 40 houses were listed for consideration on the completion of this programme.

Two statutory notices were served on owners of houses to remedy defects and five other houses were repaired as a result of informal action.

One application was received for a Qualification Certificate under the provision of the 1969 Housing Act and this was refused until the owners had brought the house up to standard.

As a result of inspections of houses in multi-occupation notice was served on one owner to take steps to prevent the risk of fire and to provide adequate means of escape in case of fire.

THE HOUSING ACT, 1969 — IMPROVEMENT GRANTS

As from the 1st November, 1970, the Health Department became responsible for the administration of improvement grants. The number of grants approved during the year was 39 and 31 houses were improved. The number of Standard Grants approved was 36 and Improvement Grants totalled 3.

No general improvement areas were declared but steps were taken to begin a survey of housing to find out the possibility of the declaration of such an area or areas.

The total amount of money paid in grants was £4,923; the average per house being £159.

NEW HOUSING DEVELOPMENT

No new Council houses were built. Four new private houses were completed and, in addition, Chamberlain Court providing accommodation for eight ladies of pensionable age was opened in September. These self-contained flatlets comprising bed-sitting room, kitchen and bathroom replaced the obsolete Chamberlain Home which had been acquired and demolished by the Council to allow for improvements to the junction of Holmes Lane with Millgate. The inclusive rental allowed for background heating which is most desirable in this form of development. The installation of background heating is a major precaution in the prevention of Hypothermia which can be so deadly to the elderly and I am pleased to note that the new bungalows to be built in Cockrett Lane will also have gas-fired central heating. I hope that the Council will soon consider the provision of background heating to all their existing bungalows for the elderly.

CARAVAN SITES AND CONTROL OF DEVELOPMENT ACT, 1960

Three caravan sites are licensed for residential use:—

<i>Address of Site</i>	<i>Max. No. of Caravans</i>
140 Millgate, Selby	15
“Greenacres”, Flaxley Rd., Selby	33
Wistow Road, Selby	2

The sites were maintained in a satisfactory condition. No reports were received of itinerant travellers in the district.

AIR POLLUTION, HEALTH AND SAFETY OF PERSONS IN EMPLOYMENT

AIR POLLUTION CONTROL

Complaints were received of smoke and smells, dust and paint spraying. An automatic dry-cleaning plant was investigated and the occupier's attention drawn to a fault in the ventilation system.

The main source of complaint was, as reported earlier, the dust and noise from a concrete batching plant. Smoke from a Welfare Home was found to be due to lighting up a boiler from cold and a complaint of smell from a chemical works referred to the District Alkali Inspector.

Verbal and written notices were served on one factory for emitting quantities of dark smoke and towards the end of the year this was remedied by the vertical boiler being replaced by a gas fired boiler. Another factory submitted plans to change over all its boiler plant to gas and all industrial plant in Selby is now capable of burning smokelessly.

In the Autumn a small laboratory was fitted up at the Council's Depot at Portholme Road, Selby and the necessary equipment installed to enable Selby to take part in the National Survey of Atmospheric Pollution. As from the 1st November, 1970, a daily record has been maintained of the smoke concentration and sulphur dioxide concentration in the atmosphere and these results submitted to the National Laboratory at Warren Springs.

1970	<i>Smoke Concentration in microgrammes per cu.m.</i>			<i>Sulphur Dioxide concentration microgrammes per cu. m.</i>		
	Highest	Lowest	Average	Highest	Lowest	Average
Nov.	228	24	100	254	80	124
Dec.	471	51	135	306	44	130

THE FACTORIES ACT, 1961

The number of factories on the register fell by 2 to a total of 68 — all were factories using power. Two persons are registered as out-workers. The total number of factories visited to ensure that the sanitary accommodation was maintained in a satisfactory condition was 20. Of these 8 were found to be not up to standard and of this number 2 had been notified to the Health Department by the District Inspector of Factories. By the end of the year 5 had been brought up to standard and work was in hand at the other 3.

**Prescribed Particulars on the Administration
of the Factories Act, 1961.**

PART 1 OF THE ACT.

**1. INSPECTIONS for purposes of provision as to health
(including inspections made by Public Health Inspectors).**

Premises	No. on Register	Number of		
		Inspect- tions	Written Notices	Occupiers prosecuted
(i) Factories in which Sections 1, 2, 3, 4 & 6 are to be enforced by Local Authorities	0	0	0	0
(ii) Factories not included in (i) in which Section 7 is enforced by Local Authority	68	20	2	0
(iii) Other premises in which Sec- 7 is enforced by the Local Authority (excl. out-workers premises)	5	5	0	0
Total	73	25	2	0

2. Cases in which DEFECTS were found.

Particulars	Number of cases in which defects were found				No. of cases pro-secutions instituted
	Found	Remedied	Referred to H.M. Inspector	Referred by H.M. Inspector	
Ineffective drainage of floors (s.6)	0	0	0	0	0
Sanitary Conveniences (s.7)					
(a) Insufficient ..	0	0	0	0	0
(b) Unsuitable or defective ..	8	5	0	2	0
(c) Not separate for sexes	0	0	0	0	0
Other offences against the Act (not including offences relating to Outwork)	0	0	0	0	0
Total	8	5	0	2	0

PART V111 OF THE ACT.

Nature of work	Outwork					
	Section 133			Section 134		
	No. of out workers in Aug. list required by Sec. 133(1)(c)	No. of cases of default in sending lists to the Council	No. of prosecutions for failure to supply lists	No. of instances of work in un-wholesome premises	Notices served	Prosecutions
Wearing apparel-Making, etc. . .	2	0	0	0	0	0

THE OFFICES, SHOPS AND RAILWAY PREMISES ACT, 1963.

The total number of registered premises at the year end was 177 including 52 offices, 108 retail shops, 15 catering establishments and 2 warehouses.

The total number of persons employed in these premises was 899. The number of general inspections (i.e. when all aspects of health and safety of the employees was investigated) carried out was 99 and 135 contraventions of the Act was discovered. As a result of these visits 44 written notices were served on the occupiers of the premises.

Two accidents were notified during the year and during visits special attention was paid to safety precautions.

HAIRDRESSERS' PREMISES

One new gentlemens hairdressers opened during the year bringing the total establishments to 18 (10 ladies and 7 gentlemen). One establishment deals with ladies and gentlemen.

PET ANIMALS ACT, 1951

Two licences were issued to occupiers of pet shops. One was a stall in the market, the other shop deals primarily in tropical fish. Both were maintained in a satisfactory manner.

PEST CONTROL

RODENTS

The specialist pest control firm which the Council agreed should carry out this work by contract in 1968 continued to clear Council properties and domestic dwellings of rats and mice. In addition most business premises have either a contract or an agreement for regular servicing. The same firm also carried out treatments for rats in sewers twice during the year.

The total number of premises treated was 68 — Rats 46 and Mice 22.

The Council continued to be represented on the West Riding Pests Control Committee by Cr. C. Coultish, J.P., and the Public Health Inspector. Close liaison was again maintained with local and regional staff of the Ministry's Pest Division.

OTHER PESTS

As in former years the main problem continued to be ant infestations. Although these are not a public health hazard they cause considerable distress to the occupants of houses they invade and the Health Department continued to give advice and, where desirable, materials to minimise the nuisance. No other complaints were received except a few of wasps' nests.

HOUSING MANAGEMENT

The housing management duties carried out by the Health Department include housing applications, transfers and exchanges of tenancies, supervision of the Elderly Persons Wardens Service and general estate management.

The allocation of exchanges and tenancies were carried out by a House-Letting Sub-Committee comprising Crs. Backhouse (Chairman), Coultish, Mrs. Gant, Mrs. Whiteley and the Public Health Inspector.

No new houses were built by the Council during 1970 and the total number of houses, bungalows and flats remained at 1,275.

The total number of new tenancies during the year was 36 of which number 10 were applicants living in overcrowded conditions and 3 were from unfit houses subject to Closing Orders under the 1957 Housing Act.

The number of units of accommodation becoming available for re-letting were :—

2	Four	Bedroom	Houses
20	Three	"	"
4	Two	"	"
2	Two	"	Flats
7	One	"	Bungalows
1	One	"	Flat
<hr/>			
36 Total			
<hr/>			

The number of bungalows was rather more than usual as three tenants of such accommodation were re-housed in the new flatlets built by the Leonard Chamberlain Trust in D'Arcy Road.

Mutual exchanges between eight tenants were approved by the Housing Committee and twenty other tenants exchanged to different type of house or area.

The Wardens for the Elderly scheme was expanded by the appointment of a further Warden for part of the Central Ward (Fairfax Avenue — Gowthorpe). The Council now have the services of two wardens for the South Ward, one for the North Ward, one for the Central Ward and a relief warden to take over during holidays or sickness. As a result of these appointments over one hundred elderly persons now receive regular daily visits and, in addition, the Wardens organise social occasions in addition to their visiting duties. During the year excursions were arranged during the summer months, whist drives and meetings and a Christmas Party were all activities organised by the Wardens and their voluntary helpers. The success of such schemes depends very much on the persons appointed and we are fortunate in Selby to have a group of Wardens who have taken this work to heart and made such a success of it.

The appointment of a further warden is envisaged by the Council for the new bungalow development in Flaxley Road who will also be able to visit other elderly people in this area.

CONCLUSION

Early in the year the Council agreed to the appointment of a Pupil Public Health Inspector and Mr. J. T. Dyson commenced duties in the Health Department in September. Mr. Dyson already had two years experience with the Leeds Health Department and

has been able to undertake a considerable amount of work without supervision on air pollution, food hygiene, offices and shops and improvement grants. The result of this extra help in the Department is, I think, reflected in this report. Miss Jackson deals efficiently with the running of the office and the day to day administration of housing management with tact and understanding. I am grateful to them for their support.

In July 1970, the Medical Officer of Health, Dr. S. Kennaugh Appleton, retired, and I would record my thanks to him for the kindness, consideration and help I received during the four years I have had the pleasure of working with him.

He was succeeded by Dr. Muriel Lowe and I would thank Dr. Lowe for her guidance and help over the latter half of the year and look forward to several more years co-operation before the impending re-organisation of local government may send us on separate paths.

Finally, I again express my sincere thanks to the Chief Officers of the Council and the Chairman and Members of the Health, Housing and Property Management Committee for their continuing support and understanding.

I remain,

Mr. Chairman, Mrs. Gant and Gentlemen,

Your obedient servant,

N. BUCKLE,

Public Health Inspector.

